

# **Letters of support and encouragement**

We invite you to participate in one of the initiatives promoted by Living Peace International during this long quarantine period.

It is about writing letters of support and encouragement for people with Coronavirus, alone and isolated in hospitals, and for doctors and nurses who personally face this challenge!

Depending on the language, it will be possible to participate by sending your messages to some countries where the activity is taking place.

The letters must not be too long (no more than one A4 page) and must include: name, age, a personal description and your support message.

It will be a way to relieve many hearts, bringing them peace, love and serenity.

#### **SPAIN**

The letters (in spanish) must be sent to: <a href="mailto:livingpeacespain@gmail.com">livingpeacespain@gmail.com</a> they will then be delivered to the 12 hospitals participating in the initiative

### **COLOMBIA**

The letters (in spanish) must be sent to.colombia@livingpeaceinternational.org

they will then be delivered to some hospitals in Medellin and Bogota.

### **PORTUGAL**

Send the letters by mail (in portoghese) to:

Palavras de encorajamento

Rua do Viso, 63 hab. 3.4 \_ 4470-220 Maia, Portugal

They will be delivered to the IPO of Porto, IPO of Lisboa and Unidade Pediátrica Joãozinho, São João, Porto

## **ITALY**

To know how to send the letters (in Italian) write to: italia@livingpeaceinternational.org